

# March 7, 2025



# Get Off Your Buns

A Green Valley Ranch program enhancing and promoting active lives



**Bus Departs:** from the office at 10:30am

**Registration & Transportation:** \$5pp - **Registration only:** \$3pp

**RSVP by:** March 5, 2025, to Sabrina – (303) 307-3241 or [sfosstockwell@gvrmetrodistrict.com](mailto:sfosstockwell@gvrmetrodistrict.com)  
(limited to 14 people, must have 5 riding the bus, non-refundable)

**Lunch Cost:** \$11 - \$24.00

**Golden Shanghai – Denver CO - <https://goldenshanghairestaurantco.com/>**

Tranquil Eastern decor & a menu spanning China, Japan, Thailand & Vietnam, with adventurous options.