



Get Off Your Buns

A Green Valley Ranch program enhancing and promoting active lives

January 2023

UPCOMING LUNCH BUNCH

Departs the 1st Friday of every month from the admin building at 11:00am unless otherwise noted. \$3.00 Registration fee or \$5 Registration/Transposition fee per each trip are due at time of registration (nonrefundable). At least 5 RSVP's are required to ride the bus per trip unless otherwise noted. We will be limiting the RSVP's to 13 adults for transportation to the location. If any adults want to meet us there please contact me to pay the registration fee to be added to the number.

January 06, 2023 – Mickey's Top Sirloin

Address: 6950 N. Broadway, Denver CO 80221 303-426-5881

RSVP due date: Wednesday, January 4, 2023

Menu price range: \$10-\$50 — mtsusa.co

Three generations of the Broncucia family have worked the land at 70th Ave. and Broadway. Mickey Broncucia's grandfather settled the area in Adams County when the area was nothing but farmland. Here, he built a house for his family and farmed vegetables. Both Mickey and his father were born and lived on this same property. Mickey's father opened a grocery store on the corner. Nearly 50 years ago, Mickey had an idea to open a restaurant and bar serving Italian food. He eventually added mexican food and steaks to the menu. The menu and the restaurant evolved over the years into what it is today. In June 2005, the decision was made to rebuild in the same location a brand new building so that future generations of the family involved in the business can preserve and uphold traditions of serving our community. We are proud of the Broncucia family establishment and it is a pleasure to serve you and your family for years to come.—Trace Welch, Owner

February 2023

UPCOMING LUNCH BUNCH

Departs the 1st Friday of every month from the admin building at 11:00am unless otherwise noted. \$3.00 Registration fee or \$5 Registration/Transposition fee per each trip are due at time of registration (nonrefundable) . At least 5 RSVP's are required to ride the bus per trip unless otherwise noted. We will be limiting the RSVP's to 13 adults for transportation to the location. If any adults want to meet us there please contact me to pay the registration fee to be added to the number.

February 3, 2023 – El Jardin Depart @ 10:30am

Address: 6460 E 73rd Ave Commerce City CO 80022

303-288-3500

RSVP due date: Wednesday, February 1, 2023

Menu price range: \$10-\$20 — iLoveElJardin.com

We know that when you get together with family and friends it's an experience like no other. Laughter and memories are created at the dining room table, and at El Jardin, we LOVE to be a part of it. Food is our passion and you'll take notice right from the start with our fresh chips and salsa that are prepared every morning in our kitchen. Providing an excellent dining experience has been our number one goal for over 35 years.

Next Lunch will be on: March 3, 2023

To register for a trip, please call or email:

Sabrina Foss-Stockwell: 303-307-3241

sfossstockwell@gvrmetrodistrict.com