



Get Off Your Buns

A Green Valley Ranch program enhancing and promoting active lives

May/June 2019

UPCOMING LUNCH BUNCH

Departs the 2nd Friday of every month from the admin building at 11:00am.
\$4.00 transportation fee per each trip.

May 10, 2019 – La Sandia-Stapleton

Address: 8340 Northfield Blvd. Unit-1690, Denver CO (303) 623-3926

RSVP due date: Wednesday, May 8, 2019

Menu price range: \$4-\$19

Mexican cooking to new heights at La Sandia. Inspired by Chef Sandoval his culinary mantra of 'old ways, new hands'. Guests will rediscover classics, such as taqueria-style tacos made with soft, corn tortillas and flavorful fillings such as chicken tinga and adobo marinated pork. With over 250 varieties, La Sandia's Tequila Bar showcases the diversity of agave-based spirits. House infused Tequilas and Tequila flights are different ways to explore the collection. A menu of handcrafted, Latin cocktails includes Tropical Fruit Margaritas, Mojitos and Sangria. Also a menu of Mexican beers and list of Latin wines.

June 14, 2019 – Rosenberg Bagels & Deli

Address: 725 E. 26th Avenue, Denver, CO 80205 (720) 440- 9880

RSVP due date: Wednesday, June 12, 2019

Menu price range: \$1.50-\$15.00

MILE HIGH KOSHER STYLE

FRESH * BAGELS * SMOKED FISH * EXPRESSO * SANDWICHES * SOUP * SALAD
REAL NEW YORK BAGELS WITH REAL NEW YORK WATER

UPCOMING ADULT DAY TRIPS

Gaylord Rockies Resort – Tour: FRIDAY, MAY 24, 2019

Lunch @ Vista Montagne (Italian Restaurant) Price Range: under \$30

Address: 6700 North Gaylord Rockies Blvd, Aurora, CO 80012

720-452-6900

Departing@: 10:30 am **Returning@:** 2:00 pm

Cost: \$ 4pp Cost includes transportation. *Lunch is on you.*

Registration due date: Until the bus is full!

We'll tour the resort stationed perfectly at the edge of the Front Range. The brand-new Gaylord Rockies Resort & Convention Center in Aurora invites you to find sanctuary just minutes from Denver International Airport. The hotel with a rustic, alpine charm features well-appointed rooms and suites plus more than 485,000 square feet of convention space for your Colorado vacation or business adventure.

Botanic Gardens: TUESDAY, JUNE 4, 2019

Address: 1007 York Street, Denver, CO 80206 720-865-3500

Departing@: 9:00 am **Returning@:** 2:00 pm

Cost: \$ 5pp Cost includes transportation Admission is free on that day!

Lunch is on you.

Registration due date: Until the bus is full!

Denver Botanic Gardens strives to entertain and delight while spreading the collective wisdom of the Gardens through outreach, collaboration and education. Their conservation programs play a major role in saving species and protecting natural habitats for future generations.

Lunch onsite @ “Hive Garden Bistro”

The Hive is a modern bistro nestled under the trees adjacent to the Monet Pool. The large, shaded deck offers idyllic views of water features and Le Potager Garden. The restaurant features seasonal fare – including burgers, sandwiches and salads – prepared to order. Local ingredients and produce harvested from Le Potager garden and the Gardens' CSA at Chatfield Farms are incorporated into the menu whenever possible.