



# Get Off Your Buns

A Green Valley Ranch program enhancing and promoting active lives

## July/August 2019

### UPCOMING LUNCH BUNCH

Departs the 2nd Friday of every month from the admin building at 11:00am.  
\$4.00 transportation fee per each trip.

#### July 12, 2019 – Wing Hut

Address: 15473 E. Hampden Ave. Aurora, CO 80013 303-699-9464

*RSVP due date: Wednesday, July 10, 2019*

*Menu price range: \$4-\$15*

Welcome to Wing Hut! A family owned, local wing shop and watering hole since 2003 offering gourmet wings, craft brews, and lots of delicious foods. Our fun, warm and inviting dining room and our seasonal outdoor patio are perfect for lunch or dinner.

#### August 9, 2019 – Cherry Creek Grill

Address: 184 Steele St. Denver, CO 80206 303-322-3524

*RSVP due date: Wednesday, August 7, 2019*

*Menu price range: \$10-\$38*

Welcome to Cherry Creek Grill, where slow roasting techniques are perfected on our wood-fired rotisserie. Enjoy patio dining or take a seat at our horseshoe-shaped bar while considering the interesting selection of artwork surrounding the intimate dining room. Delight in an afternoon with friends in a relaxed neighborhood atmosphere.

Cherry Creek Grill offers comforting American dishes, expertly prepared from the freshest ingredients. We specialize in the highest quality meats slow cooked over a hardwood fire in our custom stone oven. You'll also find hearty salads, our classic cheeseburger and tender USDA prime steaks. We focus on classic cocktails and an extensive list of exceptional California wines for the perfect compliment to your meal.

## UPCOMING ADULT DAY TRIPS

### **Black Hawk— Isle Casino** FRIDAY, JULY 26, 2019

Lunch—Onsite Restaurant—Farmer's Pick Buffet, Dash Café, Simply Yummy Baking Co., Rocky Steakhouse

**Address:** 401 Main St., Black Hawk, CO 80422 775-786-5700

**Departing @:** 9:00 am **Bus leaves promptly @** 3 pm **Returning @:** 4:30 pm

**Cost:** \$10pp Cost includes transportation. **Lunch is on you.**

**Registration due date: Until the bus is full!**

Experience the best action in Colorado at The Isle Casino Hotel Black Hawk. The good times are waiting just an hour from Denver. Try your luck at any of our 1,000+ slot machines, 28 hot tables or try your bluffs at the 2nd floor live-action poker room. Enjoy tasty dining options of your choosing with 4 outstanding restaurants.

### **Concert on the Green:** SATURDAY, AUGUST 3, 2019

**Address:** 7350 E. 29th Ave., Denver, CO 80238 303-388-0724

**Departing @:** 4:00 pm **Returning @:** 9:00 pm

**Cost:** \$ 4pp Cost includes transportation Admission is free on that day!

**Dinner is on you. Food trucks available**

**Registration due date: Until the bus is full!**

### **CONCERT ON THE GREEN**

#### **Outdoor Concerts and Jazz Series-R&B Tribute Bands 8/3/19 6:00-8:00 PM**

Stapleton has created its own outdoor amphitheater! The MCA hosts some of Denver's most well-known bands on the stage at Founders Green @ Stapleton. Popular acts from previous years included Chris Daniels and Hazel Miller. Dance 'til you drop or just sit back and relax. Either way, it is a great way for the whole family to enjoy music under the stars. All concerts are free to attend and open to the public. Concerts are held on select Saturdays and will begin at 7pm on Founders Green @ Stapleton (29th Ave & Roslyn St); seating is available on a first-come, first-serve basis.

**\*BRING YOUR LAWN CHAIRS\***

**To register for a trip, please call  
Karen Jordan at 303-307-3249 or Teri Cordova at 303-307-3242.**